

Taking Care of Your Child's



Special Needs...

- 1. Do you feel like time is running away from you? Keeping up with your child's special needs can be a full-time job.
- 2. Here are some ways to make things easier for you and your family:
 - Ask lots of questions- make sure you understand what your child needs and why certain medication, therapy, or equipment is being used
 - Pay close attention to your child's treatments- you want to learn to do them by yourself in case your healthcare provider can't be there
 - If you are too busy to do your child's treatment, talk with your doctor- there
 may be other options that would fit into your schedule better
 - Always let your health care providers know how your child is reacting to treatments- it may be time to change what is being done
- 3. Remember, you know your child better than anyone- always know what is going on with your child and ask for help when you need it.

Alabama Department of Rehabilitation Services
Children's Rehabilitation Service